

Welcome!

Parenting is the toughest job in the world. Kids develop some rather challenging patterns often requiring a multifaceted strategy to change. The most effective change takes place using a heart-based approach.

All parents want to reach the hearts of their kids, but many just don't know what that means or how to do it. In fact, some people think that reaching the heart means more dialogue or being mushy with your kids. Although, those ideas might be helpful, a heart-based approach is much more comprehensive. It involves things like firmness, teaching, and inspiring kids to change. It requires practice of new patterns, and often it means that parents practice new strategies and techniques as well.

And that's why the Biblical Parenting Coaching Program works. You'll meet one-on-one with a coach who has been trained to explore and analyze your situation, and then offer tools that are appropriate for you.

Your coach has been trained by the National Center for Biblical Parenting. The eight-week training involves the study of textbooks and hands on coaching with families. The training is an apprenticeship program under the direct leadership of Dr. Scott Turansky, co-author of fifteen books on parenting and numerous other parenting resources.

As part of the coaching program you'll have access to several 10-minute teaching videos. Although you do not need to read any books to benefit from the coaching, we know that some parents want to read more about the tools, strategies and biblical foundation, so we've made four books available to you at a discounted rate. You can learn more about them at biblicalparenting.org/training

Meeting regularly with your coach is important for continued input. Sometimes things get worse before they get better. You'll want to try new things and allow time for them to work. Keep track of successes and challenges so that you have specific examples to share with your coach. This will maximize the change process and give your coach the necessary information to bring the best suggestions for you.

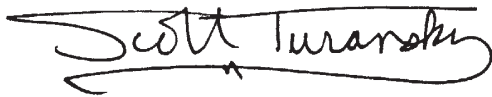
Each week you'll have a journal form where you'll keep track of your ideas, new lessons learned, successes, challenges, and examples. You'll use this journal to maximize your time with your coach.

It would be helpful for you to create a notebook where you'll put your journal forms and all the handouts you'll receive over the course of the program. All handouts are designed to fit into a three-ring notebook.

Be in prayer about the process. Remember that God is the one who changes a person's heart. So, come to him each morning and ask for deeper understanding, a calm heart for yourself, and small changes each day on the part of your child.

May God richly bless you during this time of coaching.

Blessings,

A handwritten signature in black ink that reads "Scott Turansky". The signature is written in a cursive style with a long horizontal flourish extending to the left and a smaller flourish under the "y".

Scott Turansky